

myBonneyLake

Your guide for recreation

Spring 2024
Recreation Guide

Photo courtesy of Matt Ferguson



YOUTH SPORTS

•PeeWee Outdoor Soccer for Ages 3 thru 6

Register early so you don't miss out on all the fun! This very popular coed program is for children ages 3 to 6. There are two divisions offered; 3/4 year old division and 5/6 year old division. Score is not kept and the emphasis of the program is on learning and having fun. Program runs exclusively on Saturday mornings; practices on April 20 & 27, followed by 3 league games between May 4 & 18. Program times will run between 8:30AM and 1:00PM. Coaches will be provided schedules/times prior to first practice. If you have a coach or friend request please make a notation on your registration form. We will do our best to accommodate requests. Includes t-shirt. Please bring a water bottle.

Registration deadline is March 14

Cost: \$69 (\$60 for Sumner/Bonney Lake residents)
\$79 after April 18th, if space available

Site: Local fields

****Volunteer coaches needed**



•After School Track Camp for Grades 4 & 5 (only)

This popular program introduces the basic fundamentals of track and field events and is open to in-person Sumner-Bonney Lake School District students only. Students will develop fundamental skills in a fun, active and purposeful camp atmosphere. A sports physical is not required to participate. Program runs two afternoons (directly after school) per week and culminates with an all district jamboree. Please bring a water bottle.

LIMITED SPOTS - Register with the REC DEPT.

Days: Tuesday and Thursday (subject to coach's schedule)

Dates: May 2 - 29

Time: Directly after school (check with your school)
Camp runs 60-90 minutes, depending on coach

Cost: \$55 Includes T-Shirt
\$65 after April 11 if space is available

Site: Your Elementary school

Jamboree: May 29 at Sunset stadium in Sumner 5:30-7:30PM

Volunteer Coaching - Making a Difference

Please consider volunteering to coach your child's team. We are always looking for volunteer coaches to coach our pee wee and youth sports. You can make a difference and make some great memories for your child at the same time. Please contact the Recreation Department for further information or make a notation on your registration form that you are interested in coaching your child's team. Registration discount of \$30 for coach's child.

Coaches will contact players after they have completed the volunteer clearance process. Coaches receive a team t-shirt. Coaches must be CPR/First Aid certified, pass a background check and follow all City of Bonney Lake volunteer guidelines. If interested in coaching, please let the office know as soon as possible.

•Help Wanted - Youth Sports Officials

The Recreation Department is hiring for our upcoming pee wee sports seasons. Minimum age requirement is 14 years of age. If you are interested in joining our team, please apply online at: www.citybonneylake.org

Click "Employment" and then the "Government Jobs" tab and scroll down to "Youth Sports Official" and start your application. Please email our office at: recreation@ci.bonney-lake.wa.us after completing your online application to schedule an interest appointment.

•Indoor Playpark for Toddlers & Pre-K

Everything is set up with children ages 1-5 in mind. We have music and toys for fun in a safe indoor environment. Enjoy a small bouncy house and a coloring station along with toys to ride on. A parent, guardian or adult caretaker must be present to supervise the child(ren) in their charge at all times. Punch cards available; one punch per child, per visit.

Days: Tuesdays and Thursdays (Closed April 9, 11)

Time: 9:30 - 11:00AM

Cost: Pass/punch card
10 visits \$40
5 visits \$25

Site: Robert Miller Gym



*Thank you to our
Winter Youth Basketball League Sponsors*

**Berry Global
Boyko Motors
Land O'Frost
Legends Sports Photography
Mitchell Concrete
Molen Orthodontics
Titan Earthwork**

We would like to give a special thank you to **Land O'Frost Youth Sports** for their generous sponsorship of our youth sports leagues.

Please support them by purchasing their tasty lunch meats!

For more information on Land O'Frost products, recipes or their youth sports sponsorship program go to:

www.landofrost.com/youth-sports



YOUTH CLASSES

•**Babysitters Classes for Ages 11-16**

Boys and girls, come for a day of fun while earning your Super Sitters Certificate! This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, safety and first aid. Bring a peanut-free sack lunch and a snack to class. Min. 10 Max. 30
You must pre-register for this class, no registrations taken at the door.

Date: Saturday, April 27

Times: 9:00AM - 2:00PM

Cost: \$94 (\$85 Sumner/Bonney Lake residents)

Site: Daffodil Elementary School Room 404

(enter at back of school)

1509 Valley Avenue, Sumner



•**Safe at Home for Ages 8-12**

This two-hour course is designed for children to learn about potential dangers when home alone. Learn how to be responsible and safe in any situation. We will cover family communication, first aid, internet, gun, phone, fire and door safety. Min, 10 Max. 30

You must pre-register for this class, no registrations taken at the door.

Date: Saturday, April 27

Times: 2:00 - 4:00PM

Cost: \$49 (\$40 Sumner/Bonney Lake residents)

Site: Daffodil Elementary School Room 404 (enter at back of school)

1509 Valley Avenue, Sumner

•**Junior Karate- Ages 8 thru 11**

Train in Isshinryu Karate, a traditional martial art from Okinawa. Junior Karate will focus on fitness, coordination, self-confidence, courtesy and respect. Learn karate techniques, forms and self-defense skills. Earn belt promotions and compete in optional regional tournaments. Have fun in a safe and positive class setting. Instructor, *Michael Osborn*, is a 7th degree black belt, Isshinryu Karate.

Days: Mondays and Wednesday, ongoing Sept. 7 - June 13

No classes if school is closed (winter break, spring break, etc.)

Times: 5:15 - 6:15PM

Cost: \$59 per month for individual (\$50 for Sumner-BL residents)

\$49 per month per additional family member (\$40 residents)

*Register and pay prior to the 1st of each month - \$10 late fee thereafter

Site: Donald Eismann Elementary Gym

13802 Canyon View Blvd E, Bonney Lake

•**Bricks 4 Kidz Jr Robotics Class- Ages 6-10**

Have fun learning robotics! Using software while working on tablets, kids will program the model builds they craft using Bricks 4 Kidz model plans and Lego® technology to spin, walk, tumble, play music and more. Bricks 4 Kidz robotics bridges the physical world and the virtual world of computers and programming software to provide a hands-on experience that actively involves young students in their own learning process. All students take home a custom mini figure (kits are for use in the classroom only). Min: 6 Max: 16 students

Date: Mondays, May 13 - June 10

(no class May 27)

Times: 6:00 - 7:00PM

Cost: \$105 (\$96 for Sumner/Bonney Lake School District residents)



•**Gymnastics Classes - Ages 1-12**

Bars, beams, floor and more! Coaches instruct gymnasts through various skills in a safe and fun manner. Gymnasts will also learn strength, flexibility, balance, and positive self-image. All classes Minimum 3, Maximum 8

Tiny Stars: (Coed - Ages 1 to 3) Parent/tot introduction to gymnastics. Fine and gross motor skill development with hands-on parent assistance.

Mini Stars: (Coed - Age 4) Fine and gross motor skill development and beginning tumbling skills.

Mighty Stars: (Girls - Ages 5 & 6) Gymnasts will master basic tumbling skills and be introduced to vault, bars, balance beam and floor exercise and simple routines.

Girls Beginner: (Ages 7 to 12) Gymnasts continue with basic skills on vault, bars, beam and floor learning a foundation for moving to higher levels.

Dates: Fridays: Session 4: March 22 - April 12

Session 5: April 19- May 10

Session 6: May 17 - June 7

Saturdays: Session 4: March 23 - April 13

Session 5: April 20 - May 11

Session 6: May 18 - June 8

Times: Tiny Stars: **Friday class 5:30 to 6:10PM**

Mini Stars: **Friday class 6:15 to 7:00PM**

Mighty Stars: **Friday class 6:00 to 7:00PM**

Girls Beginner: **Saturday class 9:00 to 10:00AM**

Cost: Tiny Stars: \$94 (\$85*) per 4-week session *Sumner/BL resident

Mini Stars: \$104 (\$95*) per 4-week session

Mighty Stars & Girls Beginner: \$119 (\$110*) per 4-week session

Site: Ascend Gymnastics - Sumner

1627 45th Street E, Bldg. D-103, Sumner

•**Middle School Tennis**

Middle School Tennis is a clinic style program held at Lakeridge Middle School for SBLSD Middle School students only. Students will learn basics of tennis and have the opportunity to play scrimmage style matches. Please note if your child needs an inhaler or Epi-pen. Bring a full water bottle and **racquet**. T-shirt included

Days: Tuesday through Friday (subject to coach's schedule)

Dates: April 16 - May 17

Time: Lakeridge students: 2:30 - 4:00PM

Mountainview & Sumner students: 3:00 - 4:30PM

Cost: \$120

\$130 after April 5 if space is available



YOUTH OFFERINGS

•**Chris Hyppa Futures Skills Camp - Grades 1-8**

Join Global Skill Development Coach, *Chris Hyppa*, for an overall skills camp. Camp will focus on movements, ball handling, scoring, footwork and defense. Camp includes game play and contests. Get your skills ready for the upcoming basketball season. Players will be grouped by grade and skill level. Please bring a basketball and water bottle daily.

Date: Tuesdays, March 5 through April 2

Times: 6:00 - 7:00 PM (Drop off begins at 6:50)

Cost: \$144 (\$135 for Sumner/Bonney Lake School District residents)

Site: Lakeridge Middle School Gym
5909 Myers Road E, Bonney Lake

ADULT CLASSES

•**Beginner Tai Chi Classes**

For centuries the beautiful art of Tai Chi Chuan has been a daily prescription for perfect health and longevity. It emphasizes correct posture, relaxation, balance, breath control, mental serenity and concentration. This beginning Tai Chi class will cover these basic fundamentals of Classic Yang Style, the most widely practiced Tai Chi forms in the world and one of the most accessible and rewarding disciplines for health and wellness. Min. 6

Instructor, *Ronny Llanos* has been teaching Tai chi for 45+ years.

Days: Wednesdays

Dates: March 13 - May 1

Times: 10:30 - 11:30AM

Cost: \$110

Site: Robert Miller Gym
15206 Daffodil Street Ct. E, Sumner

•**Qigong Classes - NEW!**

Qigong is a thousand year old discipline designed to improve physical and mental health by stimulating the twelve meridians. This class will introduce the Mawangdui Daojin, a system based on the famous silk paintings unearthed from an archeological excavation in Changsha, Hunan Province. Also included in the course will be primary warm-ups, Meridian Tapping and breath work. Minimum 6

Instructor, *Ronny Llanos*.

Days: Wednesdays

Dates: March 13 - May 1

Times: 9:00 - 10:00AM

Cost: \$110

Site: Robert Miller Gym



Photo of courtesy of Jim Grasley

•**Bonney Lake High School Fastpitch-Softball Clinic**

This clinic is for Grades 2 through 8. Join the Bonney Lake High School program for this exciting Fastpitch-Softball camp! All instruction will be held by Panther players and supervised by coaching staff, including Head Coach *Kate Zender*. The camp will focus on fundamentals on both offense and defense including: throwing, catching, hitting, pitching, base running, infield and outfield. Participants will need to bring cleats, tennis shoes, a glove, helmet and bat. (Tennis shoes are required if it is raining and clinic is moved indoors to the gym).

Registration deadline: March 1 to guarantee t-shirt

Date: Saturday, March 23

Times: 10:00AM - 1:00PM

Cost: \$55 (\$50 Sumner/Bonney Lake residents)

Site: Bonney Lake High School Softball Field
Bonney Lake High School Gym if raining
10920 199th Avenue Ct E, Bonney Lake



•**Junior Karate- Ages 12 to Adult**

Train in Isshinryu Karate, a traditional martial art from Okinawa. Learn karate techniques, forms and self-defense skills. Earn belt promotions and compete in optional regional tournaments. Benefits include fitness, confidence, self-discipline and fun, all in a safe and positive class setting. Great for teens, adults and seniors. Instructor, *Michael Osborn*, is a 7th degree black belt, Isshinryu Karate.

Days: Mondays and Wednesday, ongoing Sept. 7 - June 13

No classes if school is closed (winter break, spring break, etc.)

Times: 6:30 - 7:30PM beginners

6:30 - 8:00PM advanced

Cost: \$59 per month for individual (\$50 for Sumner-BL residents)

\$49 per month per additional family member (\$40 residents)

*Register and pay prior to the 1st of each month - \$10 late fee thereafter

Site: Donald Eismann Elementary Gym
13802 Canyon View Blvd E, Bonney Lake

ADULT/FAMILY CLASSES

• **Dog Obedience Training**

Does your dog jump up on people or won't come when called? Barge through the door before you? Can't walk nicely without pulling on a lead? If any of these issues are true for your dog, then it is time for dog obedience training! Classes are offered for all dogs ages 3 months and older. Vaccination records required. Class taught indoors. One human per dog, masks required for humans. Instructor: *Jim Grasley*
Basic Training: We teach you techniques to get your dog to be polite and well behaved. Review of household manners, management techniques and common problems such as jumping up, digging, and chewing the wrong things, etc. Cues such as *Down, Stay, Give, Settle, Come, Leave It, Sit* and Loose-lead walking will be taught. Socialization with other dogs and humans is emphasized.

Intermediate Training: For all dogs that have completed the Basic course or have instructor's permission. Builds on previous learned behaviors and develop reliable consistent results. More socialization, off leash walking and agility introduction included.

Dates: Saturdays

Session 3: March 2, 9, 16, 23

Session 4: March 30, April 6, 13, 20

Session 5: April 27, May 4, 11, 18

Time: Basic: 2:00 - 3:00 PM

Intermediate A: 3:00 - 4:00 PM

Cost: \$120 per dog

Site: Robert Miller Gymnasium (indoors), 15206 Daffodil Street Ct. E, Sumner

City of Bonney Lake

2024 Special Events Calendar

Mark your calendar...

•Summer Action Day Camp

Summer will be here before we know it and that means it is time to start thinking about summer plans.

Summer Action Day Camp offers weekly theme based activities, arts, crafts, games and loads of fun. Come, join us and learn new games, make new friends and have the best summer ever. Program is for children completing grades K through 5.

Tentative date Summer Action Day Camp Registration Information - March 12, 2024

Check current program registration forms and updates at:

https://www.ci.bonney-lake.wa.us/government/departments/Executive/Recreation_Program



•2024 Outdoor Market and Tunes @ Tapps

Did you learn a new craft or expand your inventory? Is cooking your speciality? Are you a local farmer looking for a community booth to sell your products? We have a great opportunity for you at our Outdoor Market and Tunes @ Tapps events. Market operates Wednesdays from July 10th - August 21st from 5:00 to 8:00PM. Concerts are held from 6:30 - 8:00PM. Looking for vendors with homemade products, farmers and processed food vendors. Space is limited to the first 25 vendors. Food Vendors/Processed Food Vendors contact the Tacoma-Pierce County Health Department for proper licensing requirements.

Please email: wellsd@ci.bonney-lake.wa.us for an application to participate or additional questions. Applications available on our website at: www.citybonneylake.org

Bonney Lake Days - August 23rd & 24th
Visit the City of Bonney Lake website for updates



THANK YOU



Father/Daughter Valentine Dance Sponsor Shout Out

We would like to thank our community groups for their generosity and support.

Our 2024 dance would not be such a success without our volunteers and the following businesses:

Ascend Gymnastics, Dillanos Coffee Roasters, Lamppost Coffee Roasters, Molen Orthodontics, RNJ Construction LLC, The Old Cannery and Untamed Coffee



Thank you Elementary Basketball Jamboree Referees

A special thank you to BLHS Girls Varsity Basketball Coach, *Kim Peters*, and the following Bonney Lake High School varsity basketball players for reffing our elementary after school basketball jamboree on December 11th!

Ava R, Azy J, Camryn K, Carla U, Chris C, Clint J, Conner S, Evin E, Izzy M, Jamian L, Jazmyn S, Lanie A, Sophia M & Raylie K



2024 Spring Registration Form

Mail In

Walk In

E-mail/Scan In

Complete & Return To:

City of Bonney Lake Rec. Dept.
9002 Main St E, Box #11
Bonney Lake, WA 98391

Robert Miller Gymnasium:

Located behind Daffodil Valley Elem. School
(15206 Daffodil St Ct E Sumner)

Scan form to: recreation@cobl.us

Call in your Visa/MC information **after** emailing your form.
Phone (253) 891-6500

Parent or Guardian Full Name: _____

Street Address: _____ City: _____ Zip: _____

Contact Phone #1: (____) _____ Contact Phone #2: (____) _____

E-mail (please print carefully): _____

Reside In: ☐ Sumner/Bonney Lake School District Boundaries

☐ Bonney Lake City Limits

☐ *Unincorporated Pierce Co. (Add \$9 per program)

☐ *Other (Add \$9 per program)



Participant Name	Age	Grade	School	M/F	Time/Session #	Activity Description	\$\$ Fee \$\$
If applicable, would you like to coach?						Coach/Friend Request:	
Please check appropriate t-shirt size: (if applicable) NOTE: T-shirts tend to run small							Total

____ Youth X-Small (2-4) ____ Youth Small (6-8) ____ Youth Medium (10-12) ____ Youth Large (14-16)

*Non-Resident Fee \$ _____

____ Adult Small (34-36) ____ Adult Medium (38-40) ____ Adult Large (42-44) ____ Adult X-Large (46-48)

Total Amount Enclosed \$ _____

I assume all risks and hazards of the conduct of the program and release from responsibility any person providing transportation to and from activities. In case of injury, I do hereby waive all claims of legal actions, financial or otherwise, against the City of Bonney Lake. In absence of signature, payment of fee and/or participation in the program shall constitute acceptance of the conditions set forth in the release. I grant full permission to use any photographs, video tapes, motion pictures, recordings, or any other records of this program for promotional purposes. The City of Bonney Lake does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities.

In signing below, I attest that as a participant or parent/guardian of a program participant, I will not attend class or allow my child to attend class if I/we have any of the concerning symptoms noted below, or someone in our household has any concerning symptoms listed below, or has a known positive Covid-19 case. Concerning symptoms disallowing participation in class/camp or program (per Washington DOH guidelines): Cough, headache, fever of 100.00 or higher or a sense of having a fever, congestion or runny nose (not related to allergies), new loss of taste or smell, muscle or body aches, nausea, vomiting or diarrhea, chills, unusual fatigue or sore throat.

Signature of Participant or Parent/Guardian if Participant is under 18 years of age _____

We provide reasonable accommodations for those with disabilities. Please contact the Recreation Office two weeks in advance of program start date to discuss any special accommodations necessary. Accommodations

Registration Information

•Pre-registration and payment of fees in advance is required for all programs. Please put dates/times of all clinics, camps and classes on your calendar and attend as you will **not** receive a reminder notification. No refunds issued for missed classes, camps or clinics. League registrations will receive phone notification from the coach detailing practice schedules.

•Register by mail or e-mail. No telephone registrations accepted.

•Confirmations and/or receipts are not sent.

•Registrations are processed on a first-come, first-served basis. If the class is full when we receive your registration form, we will let you know.

•Please make checks payable to City of Bonney Lake. A \$35 service fee is incurred for all checks returned NSF (non-sufficient funds).

•All program fees include applicable sales taxes.

•Classes are subject to cancellation if minimum enrollment is not met. If class is postponed, rescheduled, or cancelled, a full refund will be made. All other refunds incur a \$20 processing fee. Refund requests must be in writing to: recreation@cobl.us

*To qualify for a Resident Fee, families & youth must attend Sumner-Bonney Lake School District schools or live within the City of Bonney Lake. All other addresses are considered non-residents and require an additional \$9 fee per offering.

•This class schedule is published for information purposes only. The Recreation Department reserves the right to make any necessary changes in the content and provision of the class descriptions or schedules without notice.

Your Recreation Staff:

Alex Latham, Recreation Supervisor
Lisa Tenney, Recreation Coordinator
Laura Zerr, Recreation Coordinator

